Don't get Shingles, get vaccinated!

Shingles, also known as herpes Zoster, is a painful skin rash caused by the same virus that causes chickenpox. If you have had the chickenpox, you are at risk of getting shingles.

In the U.S., currently 1 million people get shingles every year, and about one out of every three people will get shingles in their lifetime.

Reduce your risk of developing the often painful and debilitating disease by getting the Herpes Zoster vaccination.

**This vaccination is considered preventative care for Yuma County Employees ages 50 and older who are on the YCEBT medical plan.
There is no out-of-pocket cost to the member as long as the vaccine is administered by a
Blue Cross Blue Shield (BCBS) provider (_not a pharmacy_).**

To find a listing of BCBS providers,
please visit http://provider.bcbs.com/ or download
the AZBlue mobile app available on Apple and Android devices.